



North Park Recreation Center

4044 Idaho Street
San Diego, Ca. 92104
Office: 619-235-1152 Fax: 619-235-1156
www.sandiego.gov

Spring Program 2016

North Park Recreation Center houses youth basketball, baseball, flag football, soccer, Yoga, adult softball, dodgeball, open play volleyball, kickball, Adult & Senior Fitness and more. North Park Recreation Center also provides a Teen Center that offers daily activities, homework assistance, sport leagues, special events and more.

Recreation Center Hours

Monday: 11:30 am – 8:00 pm
Tuesday: 11:30 am – 8:00 pm
Wednesday: 11:30 am – 8:00 pm
Thursday: 9:00am – 8:00 pm
Friday: 11:30 am – 8:00 pm
Saturday: 9:00 am – 5:00 pm
Sunday: 9:00 am – 4:00 pm

Park & Recreation Department

Community Parks II Staff

Area Manager II – Michele Chicarelli
Center Director III – Jay Villanueva
Assistant Center Director – Becky Lowndes
Recreation Leader II – Tatiana Ethridge
Recreation Leader I – Jayson Towns
Recreation Leader I – Gabe Pierce
Recreation Leader I – Alex Gasca
Recreation Aide – Catrina Johnson

Open Play Basketball

Monday-Thursday: 1:00 – 5:00 pm
Wednesday: ALL DAY
Friday: 12:00 – 4:00 pm
Saturday: NO OPEN PLAY
Sunday: 9:00 am – 2:00 pm



Holiday Closings

The Recreation Center will be closed:

- Caesar Chavez Day – 3/31/16
- Memorial Day – 5/30/16



Youth Programs



YOUTH SPORTS – SOCCER

Fun developmental soccer league with games played against teams from neighboring City of San Diego Recreation Centers. Players will learn the fundamentals of ball control, passing, shooting and goalkeeping. Jerseys will be provided on game day. Transportation is not provided for away games. Children may not participate in club or other soccer programs during the season. Cost includes jersey, practices, games, end of season banquet, and trophy.

Team placement based on age. Cutoff date is June 12th

Season Dates: March 19 – June 11, 2016

Days: Practice and game schedules will vary

Registration: Starts February 20th



Fee: \$17 per season
5 – 7 years (#24436)
8–10 years (#24437)
11–12 years (#24438)
13–14 years (#24439)
15–16 years (#24440)



YOUTH SPORTS – FUTSAL

Futsal is a form of indoor soccer that focuses on footwork and positioning. This quick paced game is great for those who would like to improve on their skills while having a good time. Teams are 5 v 5 and assigned by the Recreation Center staff.



Dates: Every Saturday
Time: 3:00 pm – 5:00 pm
Fee: FREE
(#24964)



CAMP BROADWAY – T3 TRIPLE THREAT

Triple Threat Youth Mentors began to provide performing arts education and mentoring to help disadvantaged and at-risk youth gain new skills in the performing arts and in life, as well as connect to positive role models. Using professional teachers and experienced performers, T3 provides a variety of free and pay-as-you-can programs consisting of voice, dance and acting classes and academic tutoring.



Days: Saturdays & Sundays

Time: 1:00 pm – 3:00 pm

Ages: 5 – 17 years old

Fee: \$5 per class

Register: (619) SUN – ARTS
(619) 786 - 2787

Youth Programs Continued



YOUTH ART – PAINT AND PLAY

Get your hands dirty with our weekly art project ranging from ceramic tiles to paper Mache. This class brings your imagination to life!



Days: Wednesdays
Time: 5:00 pm – 7:00 pm
Ages: 5 - 17 years
Fee: FREE (#24963)



YOUTH SPORTS - TENNIS

Tennis lessons for youth ages 6 to 17 years old. Lessons are taught by a certified tennis instructor with 19 years' experience and a passion for teaching tennis



Days: Mondays & Wednesdays
Times: 4:30 pm – 5:30pm
Ages: 6 - 17 years
Fee: \$20 per month
March (#24959)/ April (#24960)/ May (#24961)



GUITAR 101

Does your child have an interest in learning the guitar? Join our Guitar 101 class that will inspire young musicians by introducing them to the basics of the guitar and get them on their way to play their first song! This class is held twice a week and is a two month program. All sign ups must be made within the first two weeks of the month.



Days: Thursdays & Fridays
Time: 6:00 pm – 7:30 pm
Ages: 7 – 16 years
Fee: FREE (#25541)

Classes begin April 1st!



KARATE

Youth Karate lessons for the community held by AYOP. These classes are year around.



For more info contact Steve @ 619-282-3066

Days: Wednesday
Time: 5:00 pm – 7:00 pm
Ages: 5 - 17 years
Fee: \$5 per class



Teen Center



TEEN CENTER

Enjoy Table Tennis & Pool Tournaments, Board Games, Home Work Club, Sports, PS3 Game Tournaments, Arts & Crafts, Field Trips, Movie Day and much more! We are looking for Teen Council Members to sign up.

Do you want to become a Junior Staff Member?

Ask about our teen center Junior Staff Volunteer program that we offer here at North Park. You may also qualify to earn credits from your High School for Volunteering. Ask your school Counselor for details.



TEEN CENTER INFORMATION

Ages: 13 – 17 years old

Days: Monday – Friday

Times: 3:00 pm – 7:00 pm
(Tuesdays – 2:00 pm – 6:00 pm)

Staff: Tatiana Ethridge – Recreation Leader II
Catrina Johnson – Recreation Aide



COOKING CLASS

Join our weekly cooking class where we prepare easy and healthy items that your teens are sure to love!

Dates: Every Wednesday

Time: 4:00 pm – 5:30 pm

Fee: FREE
(#25634)



L.E.A.D.E.R. ACADEMY

Leadership Education And Development for Employment in Recreation

Are you interested in obtaining a job with the Park & Recreation Department? Sign up for our FREE L.E.A.D.E.R. Academy where you will learn the necessary tools to succeed in an interview for a Recreation Aide or Recreation Leader position!



When: April 19th – May 5th [Tues., Thurs., & Sat.]

Registration Deadline: April 9th

Ages: 15-25 years

Cost: FREE

Contact your local recreation center for the application and more details



Adult Programs



FITNESS

YOGA

Days: Saturday

Time: 9:15 am – 11:00 am

Cost: Free
(#25805)

All ages and skill levels welcome!



Adult Fitness

Days: Tuesdays & Thursdays

Time: 11:45 am – 12:45 pm

Cost: Free

Instructor: Audrey
(#25803)

Adults and seniors of all skill levels welcome!

NP Fitness

Days: Mondays & Thursdays

Time: 6:15 pm – 7:30 pm

Cost: Free

Instructor: Mario (559) 260-7941
(#25804)

A total body workout using your body weight and cardio – all fitness levels welcome!



SPORTS



Open Play Volleyball

Date: Mondays

Time: 6:00 pm – 7:45 pm

Cost: FREE
(#25814)



DANCE

Social Ballroom Dance Lessons

Latin, Ballroom, Swing, Country, and More!

Days: Tuesdays

Time: 6:30 pm – 7:30 pm

Cost: \$10 per class / 4 classes for \$35

***First Lesson is FREE!**

Instructor: Ginger Sarmento (619) 296-1860



Senior Dance

Days: First Friday of the month

Time: 1:00 pm – 3:00 pm

Cost: \$1.25

Music provided by a live band!

ARTS

North Park Drawing Group practices classical life drawings with a live model.



Figure Drawing Workshop

Days & Times: Thursdays – 10:00 am – 1:00 pm

Days & Times: Saturdays – 9:00 am – 12:00 pm

For more information, please call **LANCE: (619) 276-6943**



Adult Programs Continued

GROUPS & MEETINGS

Doll Collectors

Day: 3rd Saturday of the month
Time: 9:00 am – 12:00 pm
Contact: Denise 619-282-0796
Cost: Free
Located in the Adult Center



HAM Radio

Day: 4th Saturday of the month
Time: 9:00 am - 11:00 am
Located in the Social Room



SD Numismatics Society

4th Wednesday of every month 5:00pm - 8:00pm
Located in the Adult Center
Contact: Ken 619-543-0751

INTL. Numismatics

1st Tuesday of every month
5:00 pm - 8:00 pm
Located in the Adult Center

SD Numismatics

1st Tuesday of every month
5:00 pm - 8:00 pm
Located in the Adult Center



AA Meeting

Wednesdays
6:15 pm - 7:45 pm
Located Outside in the Park

Upcoming Events

MOVIE IN THE PARK

Relax and enjoy a safe and special night under the stars with North Park Summer Movie in the Park. Come early and get a good seat!



North Park Movie in the Park

When: Friday, June 17th
Where: Park next to the Water Tower
Cost: FREE
Movie: Shark Tale



General Information



AREA NEIGHBORHOOD PARKS

North Park Passive Area ▪ 4044 Idaho St.
Jefferson Elementary Joint-Use Park ▪ 3770 Utah St.
Birney Elementary Joint-Use Park ▪ 4345 Campus Ave.
Old Trolley Barn Park 1902 ▪ Carmelina Drive
Montclair Park ▪ 2911 Nile Street.

PARK PERMITS AND FACILITY RENTALS

Our Recreation Centers and Parks are a great venue to hold meetings, birthday parties and special events. The Recreation Centers include amenities such as meeting rooms, kitchens, picnic shelters, multi-purpose fields and gymnasiums. All park users must obtain a Park Use Permit five (5) days in advance for any equipment in the park (e.g. jumpers, generators, canopies, etc.).

Permit Processing Hours

Tuesday and Wednesday 1:00 pm – 6:00 pm

- We strongly recommend making an appointment with the Center Director for permit processing.
- We accept EXACT cash, credit card or check payment. The office does not carry any change.
- Walk in permit registration is accepted on a first come first serve basis.
- A \$2 Non-Refundable City Transaction Fee is applied for all transactions.

RECREATION COUNCIL ADVISORY BOARDS

The Recreation Councils are non-profit organizations that serve as advisory groups to the City of San Diego Park and Recreation Department. Membership is open to the public, and we encourage parents and concerned citizens to help shape the programs and events that are offered at the Recreation Centers and parks.

The North Park Recreation Council meets on the fourth Monday of each month at 6:00 pm at the Recreation Center. Call (619) 235-1152 for more information.



VOLUNTEER OPPORTUNITIES

Ongoing volunteer opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer please contact the Center Director or contact the volunteer office at (619) 525-8232. More information is available at www.sandiego.gov/park-and-recreation.

REGISTRATION

Registration for all classes is on a first come, first served basis. We accept all major credit cards, checks or cash (exact change required). You must register at the Recreation Center where your class is scheduled or on-line at www.SDRecConnect.com. Registration fees must be paid by the first class of the session/month. Participants that have not paid by the second class will not be permitted to participate until fees are paid. To find your class use the Activity # listed in this program.

Spring Season: Fees for 3 month classes are valid from March 1 to May 31. There is no prorating.

There is a \$25.00 service fee for all returned checks. We offer a limited number of scholarships based on financial need.

There is a \$2.00 per transaction fee added to all registrations and reservations. There is an additional 3% credit card transaction fee for on-line registration. These fees are set by our third party registration system provider and are non-refundable.

A liability waiver, photo and birth certificate are required at the time of registration for participation in youth sports.

Registration Hours

North Park: Monday - Thursday 12:00pm – 8:00pm

Spring Registration: Starts February 20th at 10:00am

NO REFUNDS OR MAKEUP CLASSES.

Classes are not offered on holidays. Refunds/credits are issued only if the class is cancelled by the City.